

INTERNATIONAL TOURNAMENT IN GYMNASTICS FOR ALL

"TBILISI GYMNAESTRADA"

24-25 SEPTEMBER 2022

TBILISI (GEORGIA)

1. DISCIPLINE: GYMNASTICS FOR ALL.

At the tournament may participate gymnasts from GYMNASTICS FOR ALL discipline, moreover, any other gymnastics disciplines. The tournament will be held on the podium of Spieth Artistic Gymnastic Floor. Participants may perform a maximum of two exercises.

2. ORGANIZING COMMITTEE:

UNITED GEORGIAN GYMNASTICS FEDERATION

N1 MEDEA JUGHELI STREET, 0109 TBILISI, GEORGIA

TEL: +995322990941, E-mail: uggf2012@gmail.com

Contact person: Giorgi Gegetchkori , Contact number: +995593373495

3. DATES OF THE TOURNAMENT:

24-25 SEPTEMBER 2022,

4. PLACE AND VENUE:

New Gymnastics Venue

Address: 32/1 BOB WALSH Street, Dighomi District, Tbilisi (Georgia)

Apparatus: Spieth -Artistic Gymnastics Floor

5. COMPETITION FORMAT

No limits for the group member's number, no age limits. (Pairs, trios, groups)

No winners or losers! All participants will receive the tournament medals and certificates.

(Individual gymnasts cannot participate!)

6. MUSIC

Duration of the music: from 2:30 minutes to maximum 5:00 minutes

Participants may perform a maximum of two exercises

Music should be sent in MP3 format to the LOC before: 03.09.2022

Please, name music file as follows; Country Code_Group Name_Exercise number

(Example: GEO_TBILISI_EXERCISE1)

Also, please, bring USB and CD disc music specimens.

7. PROVISIONAL SCHEDULE

23 SEPTEMBER—ARRIVAL OF DELEGATIONS

24 SEPTEMBER—Warm up trainings

Competition day 1

25 SEPTEMBER— Warm up trainings

Competition day2

Award Ceremony

26 SEPTEMBER—DEPARTURE OF DELEGATIONS

8. ACCOMODATION and MEALS:

Due to the COVID-19 regulations all the teams must stay at the

The OFFICIAL: Hotel LIGHT HOUSE OLD CITY***

Address: 8 SAMREKLO STREET, TBILISI (GEORGIA)

Price: 65 USD DOLLRAS/PER PERSON/PER NIGHT.

(Price includes: Double or Triple room, full board, transfer airport-hotel-airport,
Transfer hotel-venue-hotel, participation fees).

9. BANK AND PAYMENTS

Payment in Cash on the arrival. Delegation may request the Bank information of the HOTEL
by sending the request: uggf2012@gmail.com. Payments via bank transfer until: 03.08.2022

10. TRAVEL

The invited delegations must pay for the international travel costs of their delegation members. Local Organizing Committee will provide the official delegations and experts with local transfers from/to Tbilisi airport, and from/to Tbilisi Railway station—to/from the hotels. Please, send the travel information before 14.09.2022

11. VISA

If you need a Visa to travel to Georgia, please contact us for the Visa support letter. However, even if you do not need visas, due to the Covid-19 regulations, your delegation will need the Invitation Letter from the United Georgian Gymnastics Federation. Therefore, please send filled in the visa request form before: 03.08.2021. Also, please, before travel contact the Georgian Embassy or Consulate, in order to get the latest updates, regulations and restrictions to travel to Georgia.

12. INSURANCE

The Host Federation and the LOC will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like. All members of the Delegations must have an appropriate valid health insurance coverage against illness, accidents and for repatriation for all member of their Delegation. Also, the Insurance must cover the Covid-19 illness, and if needed the quarantine period for all member of the Delegation.

13. COVID-19---PCR TESTS

Due to the current situation related to the COVID-19 pandemic, the LOC and the United Georgian Gymnastics Federation requires all participants follow the standard precautions. LOC requires all participants, judges and officials to take standard precautionary measures, such as frequent hand-washing, wearing masks or face coverings at all times and keeping a physical distance at least 1.5 meters whenever possible. The only situation in which the safety distance does not have to be respected is when a coach provides assistance (catch etc.) during an athlete's performance.

This phase must be kept as shorts as possible and assisting

person must wear a mask throughout. Gymnasts do not need to wear a mask or face covering while they are performing at the training venue or on the FOP and keeping a physical distance of at least 1.5 meters whenever possible. As soon as gymnasts finishes exercise, they must wear the masks. For the detailed information in regards to the COVID-19, restrictions in Georgia for your country please visit: <https://mfa.gov.ge/Home.aspx?lang=en-US>

Persons entering Georgia must have a negative PCR-test certificate (in English) taken, at most 72 hours before arrival to Tbilisi (Georgia).

Persons without a Negative PCR-test result will not be able to enter Georgia.

In addition, on the arrival to Georgia, if your delegation will need the Covid-19 tests,

The PCR TEST PRICE: 25 USD DOLLARS/PER PERSON/PER TEST

If your delegation will need the PCR, tests to travel back home, please,

let us know, how many tests you will need and on which day, no later than: 03.09.2022

14. SUMMARY OF THE DEADLINES:

PROVISIONAL REGISTRATION and ACCOMMODATION BOOKING: 03.08.2022

NOMINATIVE REGISTRATION: 03.09.2022

VISA REQUEST: 03.08.2022

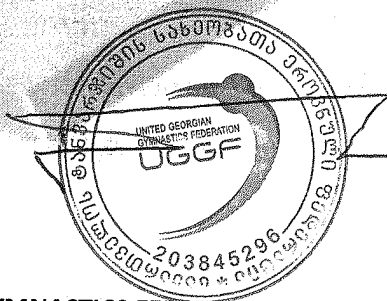
MUSIC FILES: 03.09.2022

TRAVEL INFORMATION: 03.09.2022

Payment in CASH on Arrival.

SINCIRELY YOURS,

President:



Konstantin Lashkhi

UNITED GEORGIAN GYMNASTICS FEDERATION

DATE: 01/02/2022